



NAL VENOM DANCER AUDITIONS

Frequently Asked Questions

What are the minimum qualifications to be a Carolina Cobras Venom Dancer?

- Must be at least 18 by February 7th, 2018.
- Hold a full/part-time job, or attend school full time, or have a family
- Have a High School Diploma, Graduating or G.E.D.

Are there any height and weight requirements?

You should look well-proportioned and be physically fit; but we have no set limits. We DO NOT have a minimum or maximum height/weight requirement.

Will I make the squad if I have a tattoo or facial/body piercings?

If tattoo is visible in the uniform or practice wear, you must have it covered with makeup at all times. Facial and Body piercings must be removed when in uniform or practice wear.

Is there an age limit?

You must be at least 18 by February 7th, 2018. There is NO maximum age limit. Ages of recent dancers have ranged from 18 to 35.

How should I wear my hair and make-up and will it be offered the day of auditions

Your hairstyle should compliment your features. Make-up should have colors that compliment you! Think glamorous!

Can my family watch any part of the auditions?

No, the first rounds of auditions are closed to the public. However, the final auditions are open to the public.



Do I have to attend all days of the auditions?

YES, you must begin the first morning and should plan on staying the entire audition day. The first cut will happen Wednesday Night.

Is the squad more dance-oriented than cheerleading and stunting?

Dance! We have our own style of dance with emphasis on Hip Hop, however if you have had various types of training we highly suggest you showcase them during the talent portion of auditions.

When, where and how much do the Carolina Cobras Venom Dance Team rehearse?

- Anywhere from 2-3 times per week.
- Full dance team rehearsals are primarily held on Monday and Thursday nights from 7:00 pm until 9:15 pm. Location:TBA
- All rehearsals are mandatory.

What will the judges focus on?

- Showmanship
- Dance Technique
- Personal Appearance/Figure
- Personality
- Communication Skills
- Energy
- Kick Technique
- Photogenic Round for Finalists



Do I have to make up my own routine?

No, but for every audition round you will be required to have a 10 second freestyle dance and we recommend you not pre-choreograph this. For all rounds, you will be taught the choreography with your freestyle being the first 10 seconds.

How much of a time commitment is being a Venom Dancer?

- In addition to attending every rehearsal and game, the Attack dancers participate in multiple appearances around the Greensboro area. Each dancer should plan on making at least 20 charitable appearances during her year.
- The time spent a week at rehearsals, games and appearances can range from 4 to 12 hours.
- Being a Venom dancer is a huge commitment. However, many of the past dancers have held demanding careers such as nurses, school teachers and computer specialists. We have a large amount of undergraduate and graduate college students. Yes, several of the dancers have children and families to manage, in addition to carrying a full-time job.

Do I have to pay for the uniform?

No, all uniforms, practice attire, warm-ups, earrings, shoes, boots, and poms are supplied to each dancer. You are responsible for the care of the uniforms and attire supplied to you.



What should I wear to auditions?

- A crop top (sports bra, stomach must show) and dance trunks/briefs (recommended) You can order them from Amazon. The briefs are called Escante Women's Booty Shorts or iHeartRave Booty Shorts in black. If you wish to order a bedazzled top, you may do so <https://m.facebook.com/Raestoned>. Keep in mind the judges need to be able to picture what you would look like in Carolina Cobras Venom Dance Team uniform. Your outfit can be any color and any style but preferably silver, red, black, or white.
- Flesh-colored pantyhose, dance tights or you may be bare legged.
- Dance Sneaker, or Jazz shoes.

What do I need to bring to the auditions?

- Bring a lunch or snack and a water bottle.
- Extra audition outfit and tights. Just in case anything happens.

